Aspendale Gardens Primary School Newsletter—Thursday 30th March



BALANCED INQUIRER THINKER REFLECTIVE PRINCIPLED CARING **RISK-TAKER**

KNOWLEDGEABLE OPEN-MINDED COMMUNICATOR





Aspendale Gardens is an IB World School that strives to be internationally minded.

Our purpose is to provide a supportive safe and dynamic learning environment. We promote inquiry, curiosity, creativity and individuality. We aim to develop a resilient, open-minded school community where all students become independent, emotionally intelligent and socially competent as they strive to achieve their potential as global citizens.

2023 DIARY			
MARCH		MAY	
Sunday 2	DAGS & Kids Working Bee from 9am	Monday 1	Year 1 MOPA Excursion
	FREE BBQ afterwards for workers		Year 2 'Are We There Yet?' Excursion
Monday 3	Regional Swimming Carnival		School Council Meeting @
	Easter Raffle Draw Assembly—2:45pm		6:30pm in the Staffroom
<u>APRIL</u>		Tuesday 2	Years 1 & 2 Swimming Program Begins
Wednesday 5	Year 6 'The Briars' Excursion	Thursday 4	Year 3 Willum Warrain Excursion
Thursday 6	End of Term 1	Friday 5	District Cross Country
	Early Dismissal at 2:30pm	Monday 8	Year 5's Depart for Campaspe Downs
Monday 24	Term 2 Begins	Friday 12	Years 1 & 2 Swimming Program Ends
Tuesday 25	ANZAC Day Holiday	Monday 22	Year 1 Mrs Sargood Incursion
Friday 28	Year 1 Resilience Incursion	Wednesday 24	Senior House Athletics Carnival
	Year 4 Wetlands Excursion		

FROM OUR ACTING PRINCIPAL

Term 1 is quickly coming to an end. It has been a busy term with lots of special events, excursions, incursions and sporting activities. It has been terrific to visit the classrooms to see the students so engaged in their learning and happy around the school.

Dads of Aspendale Gardens (DAGs) Working Bee this Sunday Morning

Liam Murphy, our DAGs coordinator, has sent out details of a working bee which will be running on Sunday 2nd April. We invite Dads (and Father figures) and their children to come along and help around the school grounds. The working bee will start at 9:00am and will finish off with a sausage sizzle. If you plan to attend, please ensure that you have signed up on the DAGs portal.

First Aid

We have updated our process of notifying parents when their child has had a visit to First Aid (sick bay). The email will alert you to the time and reason for your child's visit, the first aid administered and the time that your child returns to the playground or classroom. If your child's visit is for a serious incident or a head bump you will still be notified via a phone call. We are hoping this will enable our processes in first aid to be better streamlined and become paperless.

Harmony Week

Last week was Harmony Week, which is a celebration of the rich diversity within Australia and a sense that we are all connected and included. Our students celebrated this within their classrooms and we all came together to celebrate this as a whole school. Students



were invited to wear the traditional outfits from the country they originate from or a touch of orange (the symbolic colour for Harmony Day). At lunchtime, we had a school picnic together in the courtyard.

During our assembly, some Year 4 students told us more about the meaning behind Harmony Day. We celebrated with a song by Harry Styles titled 'Treat People with Kindness'.

Easter Raffle

Thank you to the parents who worked with The Fundraising Committee to put together the magnificent Easter baskets. We appreciate the time and effort spent in putting these baskets together. I know that there will be some very excited faces picking up their raffle prizes next week. Raffle tickets will still be on sale until Friday 31st March. Our raffle will be drawn on Monday 3rd April @2.30pm, so that students can pick up their winning baskets before the end of term. Parents are welcome to join us for this Easter Raffle assembly.

Soft Plastics

Kingston residents will once again be able to recycle soft plastics thanks to a partnership between Kingston Council and <u>APR Plastics</u>, following the collapse of the REDcycle program. Soft plastics can be handed over at five handy drop-off points across Kingston. Kingston Mayor Hadi Saab said Council had acted to create this option for our community to promote recycling and minimise the amount of waste sent to landfill.

"We know many people in our community want to do the right thing and were disappointed that they could no longer recycle soft plastics at their local supermarket," Cr Saab said.

"We're proud to partner with Dandenong South business APR Plastics to offer a short-term option to make sure plastics are recycled rather than dumped in landfill where they can take up to 500 years to completely break down."

Kingston residents can drop off soft plastics at the following locations:

- Council Offices 1230 Nepean Highway, Cheltenham (8.30am-5pm weekdays)
- Waves Leisure Centre, Highett (during centre opening hours)
- Clarinda Community Centre (9am-5pm weekdays)
- Patterson Lakes Community Centre (9am-5pm weekdays)
- Aspendale Gardens Community Centre (during centre opening hours)

The drop-off points are intended to be in place until the supermarket soft plastic recycling scheme resumes. "Landfill space will run out in Melbourne's south-east and eastern suburbs by 2025, so we must do everything we can to reduce our waste. We can all play a part by reducing, reusing, and recycling."

New Senior Playground

Over the holidays the senior playground will be dismantled and the new playground will be installed. This has been a long time coming in the planning and organisation stages and the students have been very patient but are looking forward to the new playground being completed. Here are the designs of the new play area.



We hope that the installation will be completed within the first week of Term 2, so that the older students can start to enjoy this new space. Thank you to our parents and fundraising team for their hard work in raising money, so that we can afford this much needed new facility.

Sports/Energy Drinks

A reminder to students and parents that sports/energy drinks **are not** to be brought to school to be consumed by students. This includes, but is not limited to, Prime, Monster, V, Red Bull, Powerade or Gatorade. These drinks are not suitable for children and can have adverse effects on their health and levels of concentration. We ask our students to only bring water in their water bottles or use our water bubblers to stay hydrated.

Farewell Elly

Elly, our gardener, will be finishing working at Aspendale Gardens PS next week. We thank Elly for transforming our school garden spaces over the past 8 years and developing our plantations on either side of the oval. Elly has worked in all weathers, with a range of people from the DAGs to students to improve the aesthetics and natural spaces around our school.





A Reminder: The last day of term is Thursday 6th April. The students will be dismissed early at 2.30pm. We hope you all have a wonderful Easter break and feel refreshed for Term 2, which starts on Monday 24th April.

Have a fantastic weekend everyone.



Acting Principal



OUR CANTEEN IS OPEN WEDNESDAY, THURSDAY & FRIDAY Counter sales are available at lunchtime only Please place Lunch orders via QKR QKR closes at 8:59am on day of delivery



Our First Term in Foundation

Who we are

We take care of ourselves and others by making good choices.

This term we have been learning to make good choices, show responsibility and independence as well as learning how to be resilient when learning new things.

Independence

We have learnt how to be independent at school. We are practicing doing things on our own.



I can check in by myself! - Ben



I can pack my bag! - Maddie

Responsibility

We have been learning to be responsible for our things. We have shown responsibility for our Buddy Bears and sports equipment when we take them outside.





Team Building

We took part in a fun incursion where we worked in teams collaboratively to complete set tasks. We learnt to talk to each other and work as a team to achieve our goals.





PMP

We are learning to be independent when taking our shoes and socks off and on at PMP. We are learning to move our bodies responsibly and safely.





Word Work

Students are enjoying various word work activities during the week. They are using magnetic letters, sand and play dough to name a few!







Star STARS OF THE WEEK Star WEEK TERM 1 WEEKS 7 & 8



Foundation, Years 1 & 2



Years 3 & 4





STARS OF THE WEEK TERM 1 WEEKS 7 & 8



Years 5 & 6 and Specialists



SECOND HAND UNIFORMS

\$5.00 per item—available to purchase during office hours: 8:30am — 4:30pm If you have any school uniforms that are still in goodcondition, please consider donating it.

All donations can be left at the school office.

2023 SCHOOL TERM DATES

TERM 1: Monday 30 January (students) TERM 3: Monday 10 July

to Thursday 6 April to Friday 15 September

TERM 2: Monday 24 April TERM 4: Monday 2 October

to Friday 23 June to Wednesday 20 December





Working Bee

CALLING ALL DAGS AND KIDS to Join us

Sunday 2nd April - from 9am

Get involved in helping our school look even better!

There's plenty to do, so come along and get your hands dirty and have a feed on us afterwards!



PEACEFUL KIDS IS BACK AT AGPS!

'Peaceful Kids' is a Mindfulness and Positive Psychology based program to lessen anxiety and stress and increase resilience in children. The program has been created to offer children a developmentally appropriate program that gives them the skills, practice and support to utilise coping strategies that lessen the symptoms of anxiety and stress.

Outcomes of the Peaceful Kids program:

- · Lessen symptoms of anxiety and stress in children
- · Teaches children to self-calm
- · Empowers children to manage their own anxiety and stress symptoms
- · Builds emotional resilience
- · Develops emotional intelligence skills
- · Teaches children life-long skills to manage stress and prevent stress build up
- · Supports children so they know that they are not alone with suffering from anxiety

Program structure:

- · Peaceful Kids is an 8 week (60 mins each week) program, beginning Term 2 @ AGPS for students in Years 1-6. Small groups with 4-6 students in each group.
- · Sessions will run during school time (not during specialist classes).
- · Cost: \$270. This includes all materials for the 8 week program, including the beautiful new journal and weekly emails with parents. 10% discount for siblings and returning students.

This program would suit:

- · Children who get stressed easily and/or have anxiety.
- · Children who find controlling their emotions difficult.
- · Any child who would like to learn more about mindfulness.
- · If you are not sure, please contact me to discuss if the program would suit your child or ask your teacher!

Who is running it?

My name is Lisa Webber and I am an experienced Primary School teacher, Peaceful Kids Facilitator, mum of 4 and soon to be Art Therapist. I'm looking forward to getting started next term!

Don't hesitate to contact me for more information and enrolment details.

More information to come!

This is me!

lisawebber@outlook.com.au www.peacefulkids.com.a



Aspendale Gardens Primary School

Stimes 7:00 am - 6:15 pm

Coloration 96 Kearney Drive, ASPENDALE GARDENS VIC 3195

Coll 0439 161 164











Public

Incursion

Excursion



Be at the service by 8:15 am. Pick up after 4:00 pm. Wear runners and socks. own adventure.

Pop-up peacock cards, animal pictionary, a game of animal tag plus plenty of time to choose your

Phillip Island Farm and Nature Excursion

T WE WELL

Wild adventures ahead! Today we head to Phillip Island for a double experience. Our first stop is Churchil Island where we escape to another time and enjoy heritage farming activities, explore the historical grounds & soak up the scenery. Our final destination will be the Koala Conservation Centre

NONDAY APRIL



Full fee \$113.77. Suburb Avg \$29.58.

As low as \$17.07 with the Child Care Subsidy



Test your survival skills against your friends at Holiday Program! We will be challenged to create huts and survive all the harsh elements of the wild. Jungle Huts

APRIL

Don't say why party game, dancing foil experiment, ball head relay race plus plenty of time to choose

Dance Incursion

Bet your dancing shoes on because today we are going wild for DAMCE! KinectCDance will get us moving and grooving. Let your happy feet feel the beat!

Shake it Off

Full fee \$81.93. Suburb Avg \$21.3.

As low as \$12.29 with the Child Care Su

Let's go on a wild adventure! Show us your wild side with the traditional indigenous game of Apwerte,

Tribe Vibes

form a special connection with your animal totem, and appreciate our

whilst on the hunt to identify animal tracks.

Animal Totems

Badges, identify animal tracks, welcome to the party game, apwerte. Plus, plenty of time to choose

Full fee \$82.04.

As low as \$9.31 with the Child Care

Junior Explorers

Pumpkin seed names craft, origani leaves, bug salad game plus plenty of time to choose your own Shelter Building Incursion

Full fee SS183. Suburb Avg S21.3.

As low as \$12.29 with the Child Care Subsid



lodes will be jam-packed with wild animal fun! Design and make your very own papier mache pet. We'll also create camouffage reptiles and glay a game of mystery animals and sleeping cows.

Mystery animal game, reptile camouflage, jiffora, sleeping coms. No time to sleep, but plenty of time to choose your own adventure Papier Mache Pet

9

As low as \$9.31 with the Child Care

Full fee \$52.04. Suburb Avg \$16.13.



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Totals will be explosive! We'fl work through the stages of building our own erupting volcanos. Sculpting with clay, painting and then watching the magic happen. The fun continues with three-legged races and splatter tree paintings.

Three legged races, splatter tree painting, paddle pop weaving plus plenty of time to choose your own

200 APRIL

Full fee S71.73. Suburb Avg \$18.85. As low as \$10.76 with the Child Care Subsic



APRIL APRIL

Roll up, roll up for the ultimate holiday treat, sure to captivate junior comedy fans. We're off to the Melbourne International Comedy Festival's From stand-up and sketch to musical comedy and circus skifts, the show features some of the furniest street and stage performers. Laughs a-plenty

Full fee \$71.73. Suburb Avg \$18.65.

As low as \$10.76 with the Child Care Sul

Laughs a Plenty

Egg-cellent relay race, quilling, nature treasure hunt plus plenty of time to choose your own adventure.

Explorers Pack

Calling all Junior Expioners... It's time to gear up! Today we will decorate safiar hats, make pocket-sized binoculars, decorate masks and scratch art, and even play with a fidget toy. These are perfect for your next wird adventure.

From Nintendo and Illumination comes a new animated film based on the World of Super Norio Bros. A Brooklyn plumber named Mario transis through the Mostroom Kingdom with a princess named Peach to find Mario's brother, Luiqi and to save the world from a ruthless tire-breathing Koopa named Bowser. At the Movies

22 APRIL



The Super Mario Bros. Movie (G) choose your own adventure.

Super Mario Bros. tube craft, Disney movie charades, popourn autumn trees plus plenty of time to Arrive at the service by 8:30 am. Pick Up After 2:30 pm. Wear Runners & socks. As low as \$15.55 with the Child Care Subsidy

Full fee \$103.64. Suburb Avg \$28.95.

Autumn spray painting crafts, home-made straw flutes plus pienty of time to choose your own adventure. Arrive at the service by 8:30 am. Pick by Alter 2:30 pm. Wear Burners & socks.

A Trip to the Comedy Festival

As low as SE.55 with the Child Care Subsidy

Full fee \$103.64. Suburb Avg \$26.95.

The place these holidays! The place to be **Animal Antics Book now at theircare.com.au** Save up to 85% with the Child Care Subsidy Movie where Kids love to be! utumn Holiday Program Par X Warriors 13 condition including allergies, food/chemical intolerances,

10000

Holiday Program Important Information!

What to bring

A healthy morning tea and lunch

A labelled drink bottle for water

Suitable clothing for an active day - closed toe shoes and a jacket if it is predicted to be wet and cold

Medical Management Plan & Medication if applicable — see below for details

SunSmart hat for Spring and Summer holidays

Don't forget!

Keep your lunchbox nut-free to keep everyone safe

Do not include food items that need to be reheated

Label all items with child's name!

Medical Management Plan

£ Medication

Serious stuff!

All children who have been diagnosed with a medical

anaphylaxis, asthma, epilepsy will need to provide: a completed Medical Management Plan with

Personal belongings

Electronic devices, money and other valuables should be left at home. If brought to the service, these items remain the responsibility of the family. TheirCare does not accept responsibility for loss or damage.



necessary medication a colour photo

& Care National Regulations and the Terms and Conditions Please note it is a legal requirement under the Education for booking that these are provided.

In the interests of child safety, care may be refused on the day should the appropriate documentation or medication or medication not be supplied.

 Breakfast and afternoon tea snack
 Sunscreen Their Care provides

Water to refill bottles



relevant changes or call us between 6:30am - 9:00pm

Changes to your booking

Simply log into your account anytime to make the

weekdays on 1300 072 410.

D888

and allocated by Centrelink on a fortnightly basis.

Check Centrelink for eligibility.

Please note that subsidised hours are calculated

Child Care Subside

Full Fee

No Charge

In the unlikely event that an activity is unable to run, an alternative activity will be provided

Activities and times are subject to change due to unforeseen circumstances such as

Unexpected changes

to activities

alternative cannot be sourced we will update severe weather or provider availability. If an

your invoice to reflect this.





call Customer Support on 1300 072 410. If you have any questions, please speak with one of our friendly Educators or

More than 5 days Less than 5 days * Fees for changes to Less than 5 days from the start of the booking \$10.00 your booking

When making additional bookings, the \$10.00 fee is eligible for the Child Care Subsidy, which means you may only need to pay 120 hours from the start of the session).



2



Junior Giants Basketball

8 week program for kids aged 5-7 yrs

Each Wednesday

3 May to 21 June

3.50pm to 4.40pm

Cost: 120.00 (pro rata)

Profesional Basketball Skills Development with Claire.

Basketball is Claire's passion and she is looking forward to teaching some great skills and also having some fun!

BOOKINGS ESSENTIAL!

Book at: agcsinc.org.au or







103-105 Kearney Drive, Aspendale Gardens 03 9587 59555 www.agcsinc.org.au



Holiday

(03) 9547 2555

2022-2023









APPROVED BY DEPARTMENT OF EDUCATION CCS APPLIES







Time	Activities
8:30-9:00	Registration
9:00-10:00	Soccer/Dodgeball
10:00-11:00	Basketball/Jump
11:00-11:30	Snack
11:30-12:30	Dodgem/Musical
12:30-13:00	Volleyball/Jump
13:00-13:30	Lunch
13:30-14:30	Laser Tag/Nerf
14:30-15:00	Bubble/Tennis
15:00-16:00	Facepainting/Jump
16:00-16:30	Pick-up









WWW.SPRINGVALEINDOORSPORTS.COM.AU/SCHOOL-HOLIDAYS