



Pumpkin Macaroni and Cheese

Season: Winter Type: Main Serves: 36 tastings From the garden: Pumpkin & thyme

Class focus: Cut vegetables into cubes & stripping herbs from their stems



| Equipment: | Ingredients: |
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| Large saucepan x 1 | 1 x 500g pack of pasta |
| Small stockpot x 1 | Hot water from kettle for cooking pasta |
| Wooden spoon x 1 | 1 teaspoon salt |
| Chopping boards and knives | |
| Measuring cups | 2 cups milk |
| Measuring spoons | 1 cup water |
| Blender stick | 3 tablespoons plain flour |
| Serving bowl x 5 | 1 onion (cubed - 2cm) |
| Serving spoon x 5 | 2 pieces of pumpkin (skin-off, cubed - 2cm) |
| | 3 sprigs thyme (leaves only) |
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| | 2 cups grated cheese |
| | 1 teaspoon salt |
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What to do:

- 1. Prepare all of the ingredients based on the instructions in the ingredients list.
- 2. In a large saucepan, cover pasta with hot water from the kettle, add salt and boil until tender, about 10 minutes. Drain and set aside.
- 3. Combine milk, water, flour, onion, pumpkin and thyme in a small stockpot over medium heat.
- 4. Stir constantly until mixture is thickened and pumpkin is soft.
- 5. Remove from heat and use a blender stick to blend all ingredients until smooth.
- 6. Stir in cheese and salt.
- 7. Add in the pasta and stir to coat the pasta evenly.
- 8. Serve into 5 large serving bowls with a serving spoon in each.