

# Aspendale Gardens Primary School

## Newsletter—Thursday 17<sup>th</sup> March



INQUIRER THINKER BALANCED RISK-TAKER KNOWLEDGEABLE  
REFLECTIVE PRINCIPLED CARING OPEN-MINDED COMMUNICATOR



Primary Years Programme

*Aspendale Gardens is an IB World School that strives to be internationally minded.*

*Our purpose is to provide a supportive safe and dynamic learning environment. We promote inquiry, curiosity, creativity and individuality. We aim to develop a resilient, open-minded school community where all students become independent, emotionally intelligent and socially competent as they strive to achieve their potential as global citizens.*

### 2022 DIARY

#### MARCH

Monday 21 Division Swimming Carnival  
Thursday 24 Year 1 Supreme Incursions  
Friday 25 Year 6 Summer Lightning  
Premiership  
Monday 28 School Tour @ 9:10am  
School Council Meeting—7.00pm  
Wednesday 30 African Drumming Incursion  
Thursday 31 School Tour @ 9:10am  
African Drumming Incursion

#### APRIL

Friday 1 CURRICULUM DAY - NO SCHOOL  
ON THIS DAY

#### APRIL

Monday 4 Year 5 Cave Hill Campers Depart  
Thursday 7 Easter Raffle Drawn  
Friday 8 Year 5 Cave Hill Campers Return  
End of Term 1  
School Dismissed at 2:30pm  
Term 2 Begins!

#### MAY

Monday 2 Year 1 Bollywood Dance Incursion  
Tuesday 3 Years 1 & 2 Swimming Begins  
Wednesday 4 Mothers' Day Stall Fundraiser  
Friday 6 School Tour @ 9:15am  
Friday 13 School Tour @ 9:15am

### FROM OUR ACTING PRINCIPAL

This past week has been a hive of activity at A.G.P.S. with lots of rich learning opportunities for our students and staff.

#### Year 4 Auslan Incursion

As part of their PYP unit of inquiry into communication, our Year 4 students took part in an Auslan sign language incursion last Friday. The sessions provided a fantastic opportunity for students to learn how to sign the alphabet and basic greetings to each other.



#### Year 6 Coral Vass Incursion

Our Year 6 students welcomed Coral Vass, the author of the book 'Sorry Day', to learn more about Aboriginal culture and the importance and significance of acknowledging Australian's past and coming together as a country.

#### 'Clean Up AGPS Day'

This week we have linked into Clean up Australia day by completing a 'Clean Up A.G.P.S Day'. The students and staff were all eager to tidy our schoolyard and demonstrated great respect for the grounds and wildlife within.



#### Years 3 – 6 Cross Country

Congratulations to all the Year 3 - 6 students for their efforts with the Inter-House Cross Country on Wednesday. It was inspiring to hear about the motivation of our runners. Thank you to Mr King and Mr Murphy for their efforts in organising the day. Thanks also to the parent volunteers for your much appreciated help on the day. A full report will be provided in next week's newsletter.

### Foundation Incursion

The Foundation team have expanded their personal skills through a 'Team Building' incursion this week. They took part in a range of PMP like activities while using effective communication skills with their peers. Congratulations to the students for encouraging each other and for their efforts.



### Easter Raffle Free Dress Day

A huge thank you to everyone for your Easter donations and gold coins from our 'Free Dress Day' today. The fundraising committee will now use the donations to create prizes for our Easter Raffle fundraiser.

Tickets will be sent home to families in the coming week.

### Next Week

I'm looking forward to the Year 1 Team Building incursion on Thursday and I wish good luck to our Year 6 students for their Lightning Premiership being held on Friday.

### REMINDER

Dogs **ARE NOT** permitted on the school grounds, however we are allowing them to be on the grassy area around the school flagpoles. Dogs must **always** be on a lead and have an adult with them at all times.

Take care,  
*Susan Hunt*



The Victorian Premiers' Reading Challenge is now open and Aspendale Gardens Primary School is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by Friday 2<sup>nd</sup> September, 2022.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit: [www.education.vic.gov.au/prc](http://www.education.vic.gov.au/prc)





# STARS OF THE WEEK

## TERM 1 WEEK 6







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## TERM 1 WEEK 6





## PYP focus in Year 4

Last Monday week, the Year 4s has an amazing day out at the Royal Botanic Gardens. This excursion helped the students make valuable connections to our ongoing inquiry unit into making healthy choices and looking after our well being.

### How We Express Ourselves

*Central Idea: Our connection with the environment impacts our physical, spiritual and emotional well being.*

We first went for an exploration around the gardens, taking note of the different plants and trees. The students had great discussions about why certain plants would be a good or bad choice for our own garden back at school. We also visited Guifoye's Volcano and had a look around the arid gardens.

Next we walked down to see the lakes and practiced some mindfulness activities such as colouring in, drawing and focusing on our senses. We were very lucky to be joined by some swans and other bird life. As a whole year level we enjoyed lunch on the Oak Lawn and shared what each group had seen and done.



After lunch we swapped groups and had a guided tour of the gardens with some of the park rangers. They showed us the marvellous children's garden where students could work on their physical well being walking through all the different themed areas. 4OM especially liked the Bamboo forest. Next, we walked through the Herb garden, where our guide spoke to us about how herbs can help people and be used for medicine and insect repellent. The students also made a potpourri bag filled with lavender and rose petals to take home. We finished off the activities with a master class in making nature mandalas and a walk through the rain forest garden which 4RG enjoyed very much.







# Performing Arts @ AGPS

## GLEE CLUB

Glee Club starts next week on Monday 21st March. Glee Club will be held in the Garden for all interested Years 3—6 students.



Well done 5LW! They have ALL brought in their recorders.

Recorders can be purchased at Big W, Officeworks, Cranbourne and Nepean Music stores for under \$10.00. Please bring them in as soon as possible this term to be stored in the Performing Arts studio until required.

We had some **Irish fun** this week learning to dance the jig, sing an Irish song and play-a-long to some happy Irish melodies!



We also learnt to Makaton sign to this week's wellbeing song 'I'd Like To Teach the World To Sing'. Makaton is designed to be used to support spoken language, for people with learning or communication difficulties. Makaton is often used alongside speech to help aid children and adults with communication. The signs used in Makaton are taken from Sign Language.

*Mrs Nicolson & Mrs McGregor*

## YEAR 6 CORAL VASS INCURION

On Friday 11<sup>th</sup> March the Year 6's were fortunate enough to have a visit from the author of 'Sorry Day', Coral Vass. The students got to hear about how the story was crafted, from many years of research and listening to storytelling from our First Nations People, being paired with an illustrator and then the process of the story being told with images as well as words.

Coral was thankful for the interest of our students, she wrote an email to us and in it she wrote:

*"Thank you again for having me out to your school on Friday, and what a terrific group of Year 6ers you have!! They blew me away with their questions on the day, as well as the questions I have answered below.*

*Thank you too for the amazing book of their reflections, responses, writings and drawings of what they have learnt about 'Sorry Day' and the Stolen Generations. I loved reading and looking through this book, and it gives me much hope that this next generation of young people are not only full of empathy but they can be a catalyst for change in this nation."*





# Years 3–6 Inter-House Cross Country









**\*TERM 2: Limited places for years 2-6\***

# Peaceful Kids Program



## Peaceful Kids program

'Peaceful Kids' is a Mindfulness and Positive Psychology based program to lessen anxiety and stress and increase resilience in children. The program has been created to fulfil a need in schools to offer all children a developmentally appropriate program that gives children the skills, practice and support to utilise coping strategies that lessen the symptoms of anxiety and stress. The program also involves parental involvement and commitment to supporting the strategies at home.

## Outcomes of the Peaceful Kids program:

- Lessen symptoms of anxiety and stress in children
- Teaches children to self-calm
- Empowers children to manage their own anxiety and stress symptoms
- Builds emotional resilience
- Develops emotional intelligence skills
- Teaches children life-long skills to manage stress and prevent stress build up
- Supports children so they know that they are not alone with suffering from anxiety

## Program structure:

- Peaceful Kids is an 8 week program for students in Years 2-6. Sessions are 60 mins, once a week. Beginning Term 2 @ AGPS.
- There are between 4-6 students in each session and they will run during class time (not during specialist classes eg. art, PE etc). Places are limited.
- **Cost: \$250.** This includes all materials for the 8 week program, weekly emails with parents and a parent information session. Returning students or if you enrol more than one child, you will receive a 10% discount.
- Ready to book or would like more information? Please email me at [lisawebber@outlook.com.au](mailto:lisawebber@outlook.com.au)

## This program would suit:

- Children who get stressed easily and/or have anxiety.
- Children who find controlling their emotions difficult.

Looking forward to hearing from you.

Lisa Webber- Primary School Teacher & Peaceful Kids Facilitator  
[lisawebber@outlook.com.au](mailto:lisawebber@outlook.com.au)





## 2022 CALENDAR OF EVENTS

The Fundraising Team have big plans for 2022 – COVID permitting of course!

All funds raised this year will be used towards new equipment for the senior playground.

Detailed below are the events that are currently planned. Please make a note of them in your diaries, or family event planners, now so that you don't miss out on all the action.

EVENT	DATE
Free Dress Day (gold coin or chocolate donation for the Easter Raffle)	Thursday 17 <sup>th</sup> March
Easter Raffle Prize Draw	Thursday 7 <sup>th</sup> April
Mother's Day Stall	Wednesday 4 <sup>th</sup> May
Chocolate Drive	Starts Monday 20 <sup>th</sup> June. Final date for money collection Friday 15 <sup>th</sup> July
School Disco (Junior & Senior)	Friday 17 <sup>th</sup> June
Father's Day Stall	Wednesday 31 <sup>st</sup> August
Parents' Trivia Night	Saturday 10 <sup>th</sup> September
Christmas Raffle / BBQ	TBC

As with all events, notices containing everything you need to know will be sent out well in advance. The Fundraising Team would like to thank all families who have returned their orange 'Just One Thing' forms. If you haven't completed and returned your form yet, you still can - it's not too late. All our events rely on volunteers to make them a success and we can't do it without you.

## *Chelsea Calisthenics Club*

### Still welcoming new members in 2022

We are a unique sporting club focused on fitness, strength and fun through a variety of skills and dance techniques.



Sports women centre, Sturdee st Chelsea, 9773 1184  
[enquiries@chelseacalisthenics.com.au](mailto:enquiries@chelseacalisthenics.com.au)



## School Holiday Activities

**11 to 14 April 2022**

**Monday, 11th April - 10:00am to 11:00am**

**Kids Art Class (6 - 12 years)**

**Cost: \$20 - materials supplied**

**Parents not required to stay**



**Tuesday, 12th April - 10:00am to 12:00pm**

**Bricks 4 Kidz (5 - 11 years)**

**Cost: \$30 - materials supplied**

**Parents not required to stay**



**Wednesday, 13th April - 10:00am to 12:00pm**

**Fairy Deb Music & Movement Class  
(Preschool & Primary school aged kids)**

**Cost: \$30**

**Parents required to stay**



**Thursday, 14th April**

**10:00am - 12:00pm**

**Nutty Scientists Clinic (5 - 12 years)**

**Cost: \$30**

**Parents not required to stay**



**BOOKINGS ARE ESSENTIAL!!!**

For more detailed information about these activities and other programs at our Centre, scan the QR Code or visit our website [www.agcsinc.org.au](http://www.agcsinc.org.au)

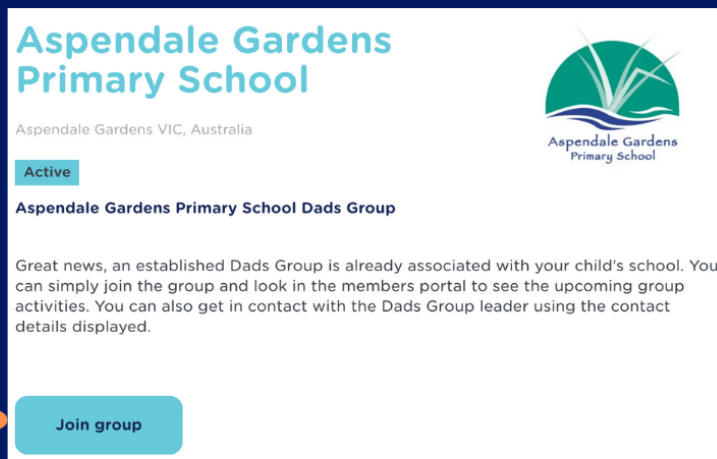
103-105 Kearney Drive, Aspendale Gardens | 9587 5955 | [enquiries@agcsinc.org.au](mailto:enquiries@agcsinc.org.au)



# How to join our dads' group:

## DAG's

**Step 1:** <https://thefatheringproject.org/dads-group/aspendale-gardens-primary-school/>



**Aspendale Gardens Primary School**

Aspendale Gardens VIC, Australia

Active

**Aspendale Gardens Primary School Dads Group**

Great news, an established Dads Group is already associated with your child's school. You can simply join the group and look in the members portal to see the upcoming group activities. You can also get in contact with the Dads Group leader using the contact details displayed.

Join group

**Step 2:** → Join Group

**Step 3:** →

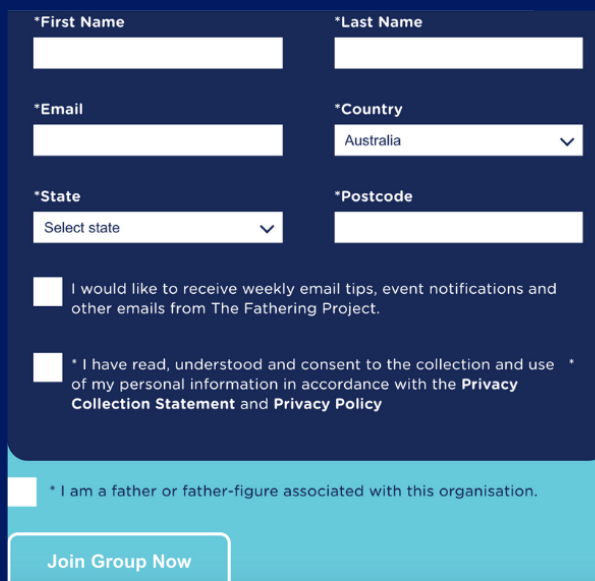
\*Are you a member of The Fathering Project?

☐ Yes

☐ No

Select NO

**Step 4:**  
Enter your details and select "Join Group Now"



\*First Name

\*Last Name

\*Email

\*Country

Australia

\*State

Select state

\*Postcode

☐ I would like to receive weekly email tips, event notifications and other emails from The Fathering Project.

☐ \* I have read, understood and consent to the collection and use of my personal information in accordance with the **Privacy Collection Statement** and **Privacy Policy**

☐ \* I am a father or father-figure associated with this organisation.

Join Group Now





**7:30AM START**  
**6:00PM END**

PLEASE  
ARRIVE BY 9AM  
ON EXCURSION DAYS



IN-HOUSE



INCURSION



EXCURSION

11 <sup>th</sup> APRIL - MON	12 <sup>th</sup> APRIL - TUE	13 <sup>th</sup> APRIL - WED	14 <sup>th</sup> APRIL - THU	15 <sup>th</sup> APRIL - FRI
<b>LET'S DANCE CALYPSO</b> + JUMPING FROGS	<b>MOVIE - MONSTER FAMILY 2 [PG]</b> + KNOCK OVER GAME	<b>EGG-CELLENT CARTOONING</b> + EMU CHASE	<b>OMG! WE SHRUNK OURSELVES</b> + MAGIC BALL PUZZLES	<b>PUBLIC HOLIDAY</b>
Today, we're dancing like we've got ants in our pants in Let's Dance Calypso! We'll learn moves from different dance styles like Reggaeton & Soca before coming together for a colourful, carnival party.	TeamKids is in the limelight with Monster Family 2! We'll see the Wishbone Family transform into a Vampire, Monster, Werewolf & Mummy to save their friends. *Allergy alert, packet popcorn provided.	Today, we'll transform into state of the art storytellers with Egg-cellent Cartooning. We're going to switch on our imaginations, pick up a few pencils & create Easter-themed cartoon storyboards to take home.	OMG! We Shrunk Ourselves at TeamKids & we need your help to return to regular size before the day is done. We'll make Shrink Art, build the Highest Shoe Stack possible & play the Earthquake game.	
Base Fee \$67.50 Exp Fee** \$16.00 Daily Total \$83.50	Base Fee \$67.50 Exp Fee** \$30.00 Daily Total \$97.50	Base Fee \$67.50 Exp Fee** \$17.00 Daily Total \$84.50	Base Fee \$67.50 Exp Fee** \$7.00 Daily Total \$74.50	
After Max CCS* \$12.53	After Max CCS* \$14.63	After Max CCS* \$12.68	After Max CCS* \$11.38	

18 <sup>th</sup> APRIL - MON	19 <sup>th</sup> APRIL - TUE	20 <sup>th</sup> APRIL - WED	21 <sup>st</sup> APRIL - THU	22 <sup>nd</sup> APRIL - FRI
<b>PUBLIC HOLIDAY</b>	<b>TRAVELS TO ASIA</b> + SUPER ROCKETS	<b>DRAMA TIME: WHO DID IT?</b> + BALLOON MAKING KITS	<b>MINI GOLF</b> + DROP THE CUPS	<b>GLOBE TROTTER</b> + SHARK WEAVING
	You've got just the ticket to join us on our Travels to Asia! We're exploring the biggest continent on Earth as we make a Pellet Drum, make tasty Rice Paper Rolls & play the Hopping Chicken game. *Allergy alert.	We're keeping our eyes peeled at TeamKids as we become secret detectives for a day in Drama Time: Who Did It? Will we be able to put all the clues together to solve the mystery in this drama-based workshop?	We're putting our skills to the test in a TeamKids Mini Golf Tournament! We'll experience a labyrinth of challenges that are sure to amaze all our senses. Will you score a hole-in-one? *Closed-toe shoes required.	Have you ever wanted to travel to exotic lands? TeamKids has just the ticket with Globe Trotting. We'll take on games & challenges from many different cultures on Earth in this fitness-based workshop.
	Base Fee \$67.50 Exp Fee** \$7.00 Daily Total \$74.50	Base Fee \$67.50 Exp Fee** \$15.00 Daily Total \$82.50	Base Fee \$67.50 Exp Fee** \$30.00 Daily Total \$97.50	Base Fee \$67.50 Exp Fee** \$16.00 Daily Total \$83.50
	After Max CCS* \$11.38	After Max CCS* \$12.38	After Max CCS* \$14.63	After Max CCS* \$12.53

\*Child Care Subsidies may apply. \*\*Experience/Activity Fee. Programs may be subject to change.  
Administration, Late Booking Fees, and cancellation fees may apply.  
Third Party Payment Fees apply. Payment plans are available.  
Terms and Conditions can be found on our website - [www.teamkids.com.au](http://www.teamkids.com.au)



**FIND A VENUE**  
[teamkids.com.au/venues](http://teamkids.com.au/venues)

**CHOOSE YOUR ADVENTURE**  
Book Today!



**Please ensure children are signed in no later than 9am.**



### What to wear

During Autumn, the mornings can be chilly, so please make sure you bring a warm top (clearly labelled) and keep an eye on the weather so your child is dressed appropriately. Some of our venues are particularly large and take time to warm up on the chillier mornings, so make sure the kids are rugged up. At TeamKids we love to get outside, so please remember to wear suitable footwear for running around.



### Double check TeamKids Room Location

It is very important to double check our website prior to attending, in case of a room change. We are sometimes required to temporarily change rooms due to school building maintenance over the school holidays. Last minute changes will be announced via SMS to attending families.



### Medical Information? Have a Plan

If your child has Asthma, Anaphylaxis, an Allergy or any other medical condition, upload plans to your TeamKids account and bring along a completed Risk Minimisation Form, found on our website. Please provide required medications to your venue coordinator on the first day of attendance - In their original packaging, clearly labelled with your child's name and a use-by date.

**\*\*Please note children are unable to attend our venues without their medication and action plans.**



### Receiving child care Subsidy

After your TeamKids booking is placed, you must log into your MyGov account to check you have a confirmed enrolment.



### Extended Hours of operation

During the school holidays, our customer service team are available from 7:00 am till 6:30 pm.



### Booking and cancellations

Bookings are subject to availability and may be placed/amended until 6.30am the day of attendance via your TeamKids online account. An additional fee of \$5 per child applies to bookings made inside 7 days of attending. Cancellations must be received 48hrs prior to attendance. If inside this time frame, full fee will be charged. Please refer to our website and your fully booked account for full cancellation T&C's.



### Electronic Sign-In/out

All TeamKids venues require electronic sign in/out. Any person signing your child in or out from TeamKids care MUST be listed on your TeamKids account and know your TeamKids account pin number, if this has been activated. These details can be updated via your TeamKids account at any time.



### Pack a Healthy Lunch

A delicious, nutritious, morning and afternoon tea are provided in all programs. Children are required to bring a packed lunch and refillable water bottle.

When packing your child's lunch, please consider that some children in attendance have been diagnosed with food allergies or the risk of anaphylaxis.



### Additional Needs

For new families, our TeamKids Inclusion Manager will discuss attendance options for children with additional needs before they attend. Please contact Customer Service on 1300 035 000.

Please note: We require a minimum of four weeks' notice for funding applications for children requiring an extra staff member to help support their time with us. Places cannot be guaranteed if less notice is given.

Please call with any questions: 1300 035 000







# AUTUMN Holidays

N° 45

Team  
Kids

★ ★ ★  
**BEST  
HOLIDAY  
PROGRAMS**  
IN AUSTRALIA

## WE'RE HIRING

BE PART OF A REMARKABLE TEAM

CASUAL  
POSITIONS  
AVAILABLE

### CRT + TEACHERS

EARN DURING THE  
SCHOOL HOLIDAYS!

Team  
Kids



APPLY TODAY [TEAMKIDS.COM.AU/CAREERS](https://www.teamkids.com.au/careers) | 1300 035 000



# the biggest Playdate

CARNIVAL FUN DAY TO HELP CHILDREN WITH CANCER



## SUNDAY 3<sup>RD</sup> APRIL 2022

ASPENDALE GARDENS COMMUNITY CENTRE • 10AM - 3PM







# Same house, fresh start

First home, second home, refinancing or renovating, you'll get everything you need and more with a Bendigo Complete home loan.

Come home to a low rate loan.

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Terms and conditions, fees, charges and lending criteria apply. All information including interest rate is subject to change without notice. Full details available on application. Credit provided by Bendigo and Adelaide Bank Limited ABN 11 068 049 178 Australian Credit Licence 237879. (1676246-1704263) OUT\_11538958 , 21/02/2022

# OUR CANTEEN IS OPEN!

**WEDNESDAYS, THURSDAY & FRIDAYS**

**Currently there are NO over the counter sales**

**Please place Lunch orders via QKR**

**QKR closes at 9:00am on day of delivery**

Introduce Your Child To **THE MAGIC OF DANCE**



**Charlesworth Walsh  
Dance Centre**

To Dance is Joy

Website: [www.cwdance.com.au](http://www.cwdance.com.au)

Phone: 0423 473 447 or 0431 328 515  
or (03) 9807 2698



All Our Teachers Are Fully Qualified

- We can help develop your child's potential
- We can teach your child the fun and beauty of dance, building their self-esteem & confidence

✦ CLASSICAL BALLET ✦ TAP ✦ JAZZ  
✦ CONTEMPORARY ✦ KINDY DANCE



**SOCCER**

**CRICKET**

**AFTER SCHOOL  
SPORTS**



**Kid's  
Parties**

sports  
bubble soccer  
nerf wars  
laser tag  
bumper cars



**5:30pm-6:30pm**  
**Mondays & Wednesdays**  
**5-7 year olds | 8 - 11 year olds**

**Tel: 9547 2555**

**\$10 sessions**



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SPORTS**  
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