



Baked Thai Spring Rolls

Season: Spring **Type:** Side

Serves: 36 tastings

From the garden: Carrot & bok choy



Class focus: Cutting vegetable into strips, wrapping spring rolls

| Equipment: | Ingredients: |
|----------------------------|---|
| | |
| Small frying pan x 1 | 2 tablespoons canola oil |
| Small mixing bowl x 1 | 2 eggs (beaten) |
| Fork x 1 | |
| Wooden spoon x 2 | 2 pieces of glass noodles (see instruction below) |
| Large mixing bowl x 1 | 1 carrot (roughly grated) |
| Sieve x 1 | 1 bok choy (cut into thin strips) |
| Chopping boards and knives | 36 spring roll wrappers |
| Grater x 1 | |
| Measuring spoons | Seasoning: |
| Measuring cups | 2 tablespoons soy sauce |
| Baking tray x 2 | 2 teaspoons sugar |
| Baking paper | 1 tablespoon cornflour |
| Serving plate x 5 | 10 grinds pepper |
| Kitchen tong x 5 | |
| Red ramekin x 5 | Serve with 1 tablespoon of sweet chilli sauce in |
| | each red ramekin |

What to do:

- 1. Heat the oven to 200C.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.
- 3. Heat oil in a small frying pan over medium heat, pour in beaten eggs, stirring often until eggs are cooked and scrambled into small pieces. Set aside.
- 4. In a large mixing bowl, soak the glass noodles with boiling water for 2 minutes.
- 5. Drain the noodles and cut them into 3cm lengths.
- 6. Put all the ingredients **except spring roll wrappers** in a large mixing bowl, mix evenly.
- 7. Place a spring roll wrapper on a dry work surface, with one corner facing you.
- 8. Place 2 tablespoons of the mixture diagonally along the center.
- 9. Fold in the ends and roll up firmly to enclose filling.
- 10. Repeat with remaining wrappers and filling.
- 11. Place on the lined baking trays.
- 12. Bake for 15 minutes or until golden.
- 13. Serve into 5 serving plates with a kitchen tong in each and serve with some sweet chilli sauce.