



Zucchini and Parmesan Pasta

Season: Summer **Type:** Main

Serves: 28 tastings

From the garden: Zucchini

Class focus: Roughly grated



Equipment:

Large saucepan x 1 Colander x 1

Large frying pan x 1 Wooden spoon x 2

Chopping boards and knives

Measuring cups Measuring spoons

Grater x 2

Serving bowl x 5 Serving spoon x 5

Ingredients:

1 x 500g packet of Penne pasta Hot water from kettle for cooking pasta 1 teaspoon salt

½ cup olive oil
½ onion (skin-off, finely chopped)
2 cloves garlic (skin-off, minced)
1 zucchini (skin-on, roughly grated)

½ cup parmesan cheese

3/4 teaspoon salt10 grinds of pepper

What to do:

- 1. Wash all the vegetables.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.
- 3. In a large saucepan, cover pasta with hot water from the kettle, add salt and boil until tender, about 12 minutes.
- 4. Drain, place pasta back in the saucepan and set aside.
- 5. Meanwhile, heat olive oil in a large frying pan over medium-high heat.
- 6. Add onion, garlic and zucchini, fry until vegetables are tender, about 5 minutes. Remove from heat.
- 7. Add zucchini mixture, cheese, salt and pepper onto the pasta, toss well.
- 8. Serve into 5 large serving bowls with a serving spoon in each.